

Utah Council for Worksite Health Promotion awards Nicholas & Company

Salt Lake City, Utah (April 22, 2013) –

Nicholas and Company Inc., a leading food service distributor in the Intermountain West was awarded the Gold Level for Healthy Worksite Awards from the Utah Council for Worksite Health Promotion.

The Healthy Worksite Award Program is the premier award in Utah recognizing the outstanding achievements of businesses and organizations in implementing employee health promotion and wellness programs. It acknowledges efforts to facilitate and encourage employee health, enhance productivity, and ensure healthy work environments.

Nicholas & Company was one of thirteen companies to receive the Gold Level for Healthy Worksite Award in Utah. The requirements to reach the Gold Level Award were to have a health program available to all employees, the program has a mission statement, and to complete three activities in each of the following sections: General Worksite, Healthy Environments, Nutrition, Physical Activity, Safety, Preventative Services. It was also required that the company completed a program outcome form and achieved at least one accomplishment in policy, infrastructure, and outcome.

NICCO Health was established in 2009 as a Team Member Benefit. NICCO Health continues to grow into a state and national award winning program. The goal of NICCO Health is to increase productivity and profitability through customized worksite wellness, that integrates individual and group health initiatives to boost team member overall health and morale.

From Nicholas & Company's humble beginnings in 1939 to their current third-generation leadership, Nicholas & Company delivers the highest quality products and services to our valued customers. Along the way, Nicholas & Company has been honored with numerous awards including the Utah Department of Workforce Services Work/Life Award for ten consecutive years, Best Company to Work for in 2005 and 2011 from Utah Business Magazine and Best of State Statue and awards in 2003, 2006, 2009 - 2013.

Nicholas & Company has designed resources to create mutual success with our customers: a team of food service experts, state-of-the-art facilities, cutting-edge technology and exemplary food safety practices.

We take pride in our culture and practice philotimo each day—a Greek word meaning "the love of honor." This captures the true importance of hospitality. We value our genuine partnerships and have a passion for serving people. That's our family recipe for success!

Find us on social media from our website

www.nicholasandco.com

###