

CONFIDENCE  
IN EVERY CASE.



Full of fall harvest fruit, this dessert balances sweet and sour flavors sophisticated enough for the holidays.

## CALENDAR

### October

- 16: National Boss's Day
- 31: Halloween

### November

- 1: All Saints Day
- 4: Daylight Saving Time Ends
- 6: Election Day
- 11: Veterans Day
- 12: Remembrance Day (CAN)
- 22: Thanksgiving Day

Information courtesy of 4Earth Farms, Markon's exclusive partner for specialty produce.



# Specialty PRODUCE REPORT

LATE OCTOBER 2018

## Featured Items



**Cranberries** – Cranberries are small, firm fruits with extremely tart flavor. They are used extensively in fall and holiday recipes, especially in fruit relishes and stuffings. Cranberries also work well in tarts and pies, muffins, pancakes, and waffles. Savory applications include roasting with game and poultry, stewing with root vegetables, and sauteing with greens. They are in season October through December in 24/12-ounce packs.



**Pomegranates** – Dark red and round, pomegranates have leathery skins and thick, fibrous membranes that yield shiny red seeds (or arils) full of tangy, yet sweet juice. Wear gloves when preparing, as the juice stains. Pair with leafy greens, game meats, and Middle Eastern dips like hummus, muhammara, and baba ghanoush. California pomegranates are on the market from August to December and typically shipped in 20-, 30-, and 40-count boxes.



**Shiso** – Available in both green and red varieties, shiso (also known as Japanese basil and perilla) is a teardrop-shaped, aromatic, tender leaf item with serrated edges. The pungent flavor is unique—like pepper, fennel, and mint. Shiso is frequently used in Japanese recipes, especially to hold ginger and wasabi or in sushi rolls. On the market year-round, it's usually shipped in 110-count cartons.

## Updates

\* Item availability varies by member. Please check with your sales representative for availability.

**In Season\*** – Romanescos (12- to 24-ct. packs), Hachiya persimmons (1-layer flats), celery roots (11-lb. box), Seckel pears (22-lb. packs), Bartlett pears (40-lb. carton), French beans (10-lb. packs), sea beans (5-lb. pack), cape gooseberries (12-ct. half-pints), blood oranges (20-lb. box), cactus pears (25- to 32-ct. cartons), Chanterelle mushrooms (1- and 5-lb. boxes), Green Dragon apples (55- to 65-ct. packs), Buddha hands (by the ct.), Castelfranco (9- and 12-ct. boxes), cherimoyas (10-lb. pack), gold kiwifruits (1-layer cartons), finger limes (8-oz. clamshells), Meyer lemons (10-, 20-, and 40-lb. cartons), kohlrabi (12-ct. flat), Comice/Forelle pears (22-lb. carton), figs (tray packed), peeled black garlic (1-lb. carton), purple fingerling potatoes (10- and 50-lb. packs), baby kiwi berries (12-ct. flat), quince (40-ct. pack), and Shishito peppers (5-, 10-, and 20-lb. cartons).

**Tight Stocks** – Fuyu persimmons (2-layer pack), Forelle pears (22-lb. flat), French Butter pears (22-lb. packs), Cara Cara Oranges (40-lb. box), mangoes (9- to 12-ct. cartons), mini sweet peppers (12/1-lb. packs), Ghost/Scorpion/Carolina chiles (8/5 grams), hot-house cucumbers (12- to 16-ct. packs), Kumato tomatoes (10/1-lb. boxes), Morel mushrooms (1- and 5-lb. packs), passion fruits (1-layer flat), rapini (20-lb. pack), sapotes (10-lb. carton), heirloom tomatoes (10-lb. pack), red dragon fruits (6- and 10-lb. boxes), assorted baby peeled carrots (5-lb. pack), star fruit (12- to 18-ct. flats), Belgian endive (11-lb. box), red Belgian endive (8-lb. carton), English peas (10- and 25-lb. boxes), Romano beans (10-lb. cartons), baby squashes (5- and 10-lb. packs), Clementines (5- and 4/5-lb. cartons), Hedgehog mushrooms (1- and 5-lb. boxes), young ginger (10-lb. pack), galanga (10- and 30-lb. flats), black and watermelon radishes (10- and 25-lb. boxes), purple/white asparagus (11-lb. pack), sunchokes (5- and 10-lb. cartons), purple/yellow wax beans (10-lb. cartons), baby Romanescos (24-ct. box), rambutans (5-lb. flat), chestnuts (25-lb. box), and yellow dragon fruits (8-lb. carton).

**Season Ended** – Ocas (11-lb. carton) and chocolate Fuyu persimmons (2-layer pack).

**Coming Soon** – Kumquats (10-lb. box), Crimson Gold apples (12/1-lb. carton), and Hidden Rose apples (24- to 28-ct. pack).



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