

CONFIDENCE
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This panna cotta combines earthy spinach greens and refreshing celery for a mid-course palate cleanser or a savory dessert.

CALENDAR

January

21: Dr. Martin Luther King, Jr. Day

February

- 2: Groundhog Day
- 5: Chinese New Year Begins
- 12: Lincoln's Birthday
- 14: Valentine's Day
- 18: President's Day Family Day (CAN)
- 22: Washington's Birthday

Information courtesy of 4Earth Farms, Markon's exclusive partner for specialty produce.



Specialty PRODUCE REPORT

LATE JANUARY 2019

Featured Items



Cherimoyas – Cherimoyas are baseball-size, tropical fruits with soft, leathery green skins. Their white flesh is creamy with several shiny black seeds. Flavor is reminiscent of mango, papaya, and pineapple with hints of vanilla. Ideal in chutneys, fruit salads, jellies, and sorbets. Cherimoyas are available most of the year in 10-pound packs.



Baby Bok Choy – This Asian cabbage has crisp stalks topped with soft, spoon-shaped, green leaves. Because of its crunchy texture and mild flavor, baby bok choy can be substituted for celery or asparagus. Use it in stir-fries and broth-based soups, or chop into green salads. Available year-round, baby bok choy is shipped in 10- and 30-pound boxes.



Shishito Peppers – Named Shishito because their tips look like tiny lion heads, these peppers have a mild, fruity flavor (only one in ten is spicy). Charring brings out their natural sugars, but Shishitos can also be broiled, grilled, and pan-fried. In season most of the year, Shishito peppers are usually shipped in 5-, 10-, and 20-pound cartons.

Updates

* Item availability varies by member. Please check with your sales representative for availability.

In Season* – Cara Cara oranges (20-lb. pack), sea beans (5-lb. box), star fruits (12- to 18-ct. cartons), passion fruits (1-layer flat), Buddha's hands (1- and 5-ct. packs), Seville oranges (38-lb. box), pink variegated lemons (18-lb. carton), Minneolas (22-lb. pack), kumquats (10-lb. box), kohlrabi (12-ct. carton), black garlic (1-lb. box), finger limes (8-oz. clamshells), Satsuma Mandarins (25-lb. pack), Clementines (5- and 4/5-lb. boxes), pummelos (14-ct. pack), Meyer lemons (10-, 20-, and 40-lb. boxes), cocktail grapes (18- to 22-ct. packs), Treviso (9- and 12-ct. boxes), red fingerling potatoes (10- and 50-lb. cartons), Seckel pears (22-lb. pack), Sharon fruit (1-layer carton), and Chanterelle mushrooms (1- and 5-lb. boxes).

Limited Supplies – Romano beans (10-lb. carton), celery root (12-ct. box), pomegranates (24- to 40-ct. flats), quince (40-ct. pack), crab apples (10-lb. box), Lady apples (11-lb. pack), gold kiwifruits (1-layer carton), galanga (10- and 30-lb. flats), black/watermelon radishes (10- and 25-lb. boxes), cactus pears (25- to 32-ct. cartons), figs (tray packed), sunchokes (5- and 10-lb. cartons), French/purple/yellow wax beans (10-lb. box), yellow tomatoes (10-lb. pack), baby mangoes (9- to 12-ct. cartons), mini sweet peppers (12/1-lb. and 12/1-pt. packs), purple fingerling potatoes (10- and 50-lb. cartons), hot-house cucumbers (12- to 16-ct. packs), baby squashes (5- and 10-lb. flats), fava beans (10- and 25-lb. boxes), red currant berries (24/4-oz. carton), Kumato tomatoes (10/1-lb. pack), baby bunch beets/carrots (24-ct. carton), yellow cherry/grape tomatoes (12-pt. box), rapini (20-lb. pack), sapotes (10-lb. carton), heirloom tomatoes (10-lb. pack), yuzu (10-lb. carton), mini sweet peppers (12/1-pt., 12/1-lb., and 20-lb. packs), Belgian endive (11-lb. pack), yellow cherry tomatoes (12-ct. pint), English peas (10- and 25-lb. boxes), horn melons (9- and 10-ct. cartons), Morel mushrooms (1- and 5-lb. boxes), red Belgian endive (8-lb. carton), Asian pears (1- and 2-layer flat), Romanescos (12- to 16-ct. packs) and fresh imported truffles (various sizes).

Season Ended – Green gooseberries (12-ct. half pint) and red dragon fruits (6- and 10-lb. boxes).

Coming Soon – Yellow dragon fruits (6-lb. pack) and mandarinquats (10-lb. carton).



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