



The Produce Sheet

Nicholas and Company



Valentine's Day Suggestions

Beets, Red Cooked & Peeled	10/ 1.1 LB	00031205
Fruit Salad Rio Citrus (no melon)	2/8 LB	00032662
Grapefruit, Sections (preserv-free)	2/8 LB	00014212
Micro Bullsblood	4 OZ	00997759
Pomegranate Seeds (Arils)	12/4.4 OZ	00991873

Stocked Specialty Items

Chicory		
Endive, Belgian	10 LB	00993592
Escarole	24 CT	00996679
Frisee Baby	24 CT	00991323
Frisee Blonde	12 CT	00998997
Radicchio	9/12 CT	00996611
Radicchio, Trevisio	12 ct	00996612
Braising Greens		
Collard	24 CT	00996595
Chard, Rainbow Organic	24 CT	00991327
Chard, Red Swiss	12 CT	00991324
Kale, Green Organic	24 CT	00013872
Kale, Tuscan	24 CT	00998134
Mustard	24 CT	00991001
Squash		
Acorn Squash	35 LB	00991802
Butternut Squash	35 LB	00990960
Kabocha Squash	35 LB	00990961
Spaghetti Squash	35 LB	00992602
Baby Patty Pan Green Squash	5 LB	00016019
Baby Yellow Sunburst Yellow	5 LB	00990598
Baby Zucchini	5 LB	00016022
Winter Citrus		
Grapefruit, Ruby Fancy 48-56 ct	38 LB	00999170
Grapefruit, Ruby Choice 40-48 ct	38 LB	00999169
Grapefruit, Choice 56 CT	38 LB	00993139
Grapefruit, Repack	10 LB	00991300
Grapefruit, Sections (preserv-free)	2/8 LB	00014212
Lemon, Meyer	10 LB	00992548
Mandarin, Satsuma	6/5 LB	00032522
Oranges, Blood	10 LB	00990812
Oranges, Navel Fancy 72 ct	38 LB	00998096
Oranges, Navel Fancy 88 ct	38 LB	00999565
Oranges, Navel Choice 88 ct	38 LB	00999599
Oranges, Navel Fancy 113 ct	38 LB	00992792
Oranges, Navel Choice 113 ct	38 LB	00993919
Oranges, Repack	10 LB	00998096
Oranges, Sections (preserv-free)	2/8 LB	00014206

Strawberry demand continues to climb while supplies continue to be limited by heavy rainfall in CA. Product received today looks very good, but abbreviated shelf life is expected. Heavy frost in the AZ/CA growing regions has slowed the harvest for all growers, which will also lead to some quality defects on field-packed and value-added lettuces. These cold, wet weather patterns are also impacting lemon and orange harvests, which may have impacts for several weeks to come. Lime pricing is rapidly increasing due to slowed imports.

Foraged & Specialty Mushrooms

*Special Order (S/O) lead time on these items is 3 days

FRESH MUSHROOMS				Stocked
Black Trumpets (OR)	5 LB	994244	No	
Yellow Foot (Pacific NW)	5 LB	994552	No	
Enoki (China)	12/5.3 OZ	992925	Yes	
Hedgehog (WA)	5 LB	997339	No	
Hen of the Woods/Maitake (WA)	5 LB	991058	Yes	
Morels, Wild (Tibet)	5 LB	992036	No	
Oyster Mushrooms (USA)	5 LB	999771	Yes	
Shiitake (USA)	5 LB	990770	Yes	
Wild Bunch Mix (Domestic Seasonal Mix)	5 LB	996072	Yes	
FRESH MUSHROOMS, CERTIFIED ORGANIC				
Shiitake, Baby (USA)	5 LB	990772	No	
Royal Trumpet (USA)	6 LB	991258	Yes	
Honshimeji Brown/White (Imported)	6 LB	994599	Yes	
Velvet Piopinni (USA)	5 LB	990773	No	
Chef's Mix (Cultivated Only)	6 LB	996071	No	
GREENS AND MISCELLANEOUS				
Beans, Sea (USA)	5 LB	997769	No	
FROZEN PRODUCTS				
BERRIES, HUCKLEBERRY FRZ (USA)	5 LB	996203	Yes	
GOOSEBERRIES, CANADIAN RED IQF	5 LB	996111	No	
GOOSEBERRIES, CANADIAN GREEN IQF	5 LB	996202	No	
RAMPS, WILD FROZEN	5 LB	16474	No	

Micro Greens in Stock

Micro Cilantro	8 OZ	00997749
Micro Intensity Mix	8 OZ	00990495
Micro Bullsblood	4 OZ	00997759
Flowers, Orchids Purple	100 CT	00990660
Squash, Blossoms	25 CT	00990536



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LABOR-SAVERS IN STOCK!

Avocado Halves, 1.5 oz	48 CT	00991890
Avocado, Chunky Pulp (Tray)	8/2 LB	00094110
Avocado, Pulp	6/2 LB	00997060
Avocado, Pico de Gallo	6/2 LB	00991895
Beets, Red Cooked & Peeled	10/ 1.1 LB	00031205
Broccoli Florettes RSS	4/3 LB	00996646
Brussels Sprout Halves	2/5 LB	00019624
Brussels Sprouts RSS (trimmed)	3/2 LB	00991619
Butternut Squash, Diced 1/2"	2/5 LB	00997411
Butternut Squash, Diced 3/4"	2/5 LB	00992118
Carrot, Diced 1/4"	5 LB	00993008
Carrot, Peeled Baby 1/8" Top	5 LB	00993410
Carrot, Peeld Baby TriColor 1/8" Top	5 LB	00993411
Cauliflower, Florettes RSS	2/3 LB	00992074
Celery, Diced 1/2"	2/5 LB	00993717
Celery, Sticks	10/2 LB	00999490
Fruit, Fresh Cut Separate	4/2 LB	00995779
Mushroom, Crimini Sliced	10 LB	00992038
Onions, Diced 1/2"	4/5 LB	00993758
Onions, Red Diced 1/4"	4/5 LB	00993352
Peppers, Green Diced 1/4"	4/5 LB	00990226
Peppers, Green Sliced	10/1 LB	00993337
Pomegranate Seeds (Arils)	12/4.4 OZ	00991873
Potatoes, Peeled Diced Blanched	3/10 LB	00997254
Potatoes, Yam Peeled Diced 1"	4/5 LB	00994085
Radishes, Cleaned/Trimmed	4/5 LB	00993204
Tomatoes, Romas Diced	4/5 LB	00990242
Tomatoes, Sliced	4/42 CT	00990244

Ready-Set-Serve Cut Fruit (Preservative Free)

Grapefruit Sections	2/8 LB	00014212
Pineapple Chunks	2/8 LB	00014207
Orange Sections	2/8 LB	00014206
Fruit Salad Deluxe	2/8 LB	00014204
Fruit Salad Rio Citrus (no melon)	2/8 LB	00032662

Ready-Set-Serve Fresh Juices

Grapefruit Juice RSS	6/.5 Gal	00991598
Lemon Juice RSS	6/.5 Gal	00991547
Lemonade 15% Juice RSS	4/1 Gal	00991588
Lime Juice RSS	6/.5 Gal	00991580
Margarita Mix RSS	4/1 Gal	00991658
Orange Juice RSS	4/1 Gal	00991640

Utah's Own - Red Barn Cider

Cider, Apple Red Barn (Utah)	4/1 Gal	00996910
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ORGANIC STOCKED ITEMS

Açaí, Sweetened Frozen Packs	60/3.5 OZ	00012453
Açaí, Unsweetened Frozen Packs	60/3.5 OZ	00013741
Açaí, Frozen Scoopable Pail	3 GAL	00012454
Arugula, Lemon Sorrel Blend	2/1.5 LB	00018126
Apple, Fuji	38 LB	00999610
Carrots, Jumbo	50 LB	00990422
Carrots, Large Heirloom Rainbow	25 LB	00997145
Carrot, Shred Heirloom	2/5 LB	00995512
Chard, Rainbow	24 CT	00991327
Kale, Green 24 Ct	24 CT	00013872
Kale, Tuscan	24 CT	00998134
Lettuce, Greens Power	2/1.5 LB	00992322
Lettuce, Romaine Liner 24 ct	24 CT	00013875
Lettuce, Spring Mix	2/1.5 LB	00992838
Mushrooms, Trumpet Royale	6 LB	00991258
Mushrooms, Hon Shimeji	6 LB	00994599
Potato, Baker 80 Ct	50 LB	00991420
Sprouts, Alfalfa (Bagged)	6/1 LB	00992461
Sprouts, Alfalfa (Living Cups)	12 CT	00992479
Spinach, Baby RSS	2/2 LB	00996273
Strawberries	8/1 LB	00999815
Tofu, Firm	8/2 LB	00996476
Wheatgrass	5 LB	00990853

Markon Salad Blends

Organic Lemony Arugula	2/1.5 LB	00018126
<i>50/50 Blend of Lemony Sorrel and Arugula</i>		
Hearts & Hearts	4/2 LB	00990177
<i>Spring Mix, Romaine Hearts, Green Leaf Hearts</i>		
Heart-y Slaw	4/2 LB	00029543
<i>Julienned broccoli and radishes, cauliflower pearls, shredded cabbage, carrots, and kale</i>		
Kale Color Crunch	4/2 LB	00013712
<i>Shredded Kale blend, shaved Brussels sprouts, shredded Napa and red cabbages, shredded carrot</i>		
Shreded Kale Blend	4/1.5 LB	00991891
<i>Green, Flowering, and Lacinato Kale</i>		
Super Slaw	3/2 LB	00997595
<i>Kale, Shaved Brussels Sprouts, Broccoli Stems, Cabbage</i>		
Urban Blend	2/2 LB	00014910
<i>Baby Red Chard, Wild Arugula, Baby Kale</i>		
Sweet Spring Mix	4/3 LB	00993997
<i>Spring Mix, Romaine Hearts, Green Leaf Hearts</i>		
Romaine Spring Mix	4/2 LB	00993997
<i>Chopped Romaine, Heritage Mix</i>		