

CONFIDENCE  
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*This cold, zesty avocado-cucumber soup is perfect for warm weather meals—and full of healthy green ingredients.*

## CALENDAR

### April

- 14: Palm Sunday
- 19: Good Friday
- 20: First Day of Passover
- 21: Easter
- 22: Earth Day
- Easter Monday (CAN)
- 28: Orthodox Easter

### May

- 1: May Day
- 5: Cinco de Mayo
- 6: First Day of Ramadan
- 12: Mother's Day
- 18: Armed Forces Day
- 20: Victoria Day (CAN)
- 27: Memorial Day

# Specialty PRODUCE REPORT

EARLY APRIL 2019

## Featured Items



**Fiddlehead Ferns** – Fiddleheads are tightly wound pinwheel-shaped greens. A seasonal delicacy prized by chefs, they taste like a blend of asparagus and artichoke hearts. Fiddleheads must be cooked; sauteing yields their best flavor (slightly nutty) and consistency (firm, but chewy). In season through late June, they are shipped in one- and five-pound packs.



**Green Almonds** – Green almonds are immature versions of the familiar nuts. Light green, fuzzy husks coat ivory white inner nuts with a soft, jelly-like texture. Their delicate flavor is grassy, yet fruity...utterly distinct. Try them in desserts, green salads, pesto sauces, and savory stews. Packed in 25-pound boxes; they are in stock through May/June.



**Green Garlic** – Green garlic is harvested before the familiar cloves of traditional garlic develop. It has a white, bulbous bottom and tender, green top—both edible. It is much milder than traditional garlic and sweetens as it is cooked. Popular in broth-based soups, stir-fries, and vinaigrettes, green garlic is in season through May and typically shipped in 10-pound flats.

## Updates

\* Item availability varies by member. Please check with your sales representative for availability.

**In Season\*** – Belgian endive (11-lb. cartons), hot-house rhubarb (15-lb. packs), kumquats (5- and 10-lb. boxes), dragon fruits (6- and 10-lb. packs), quince (1-layer flats), Fuyu persimmons (1-layer cartons), Cara Cara oranges (20-lb. packs), sea beans (5-lb. boxes), star fruits (12- to 18-ct. cartons), Minneolas (22-lb. packs), kumquats (10-lb. boxes), Clementines (5- and 4/5-lb. cartons), Pixie tangerines (25-lb. boxes), pummelos (14-ct. packs), Chanterelle mushrooms (1- and 5-lb. boxes), pink radicchio (9- and 12-ct. cartons), black garlic (1-lb. packs), Champagne mangoes (8- and 14-ct. boxes), brown Asian pears (1- and 2-layer packs), Treviso (9- and 12-ct. boxes), Meyer lemons (10-, 20-, and 40-lb. cartons), Romanesco (12- to 24-ct. boxes), pluots (2-layer flats), Pepino melons (15- and 16-ct. boxes), Korean pears (8- to 14-ct. packs), and pomegranates (1-layer flats).

**Tight Stocks** – Cherimoyas (10-lb. flats), baby/blond frisee (12-ct. boxes), passion fruits (1-layer cartons), parsley roots (12-ct. packs), yellow cherry/grape tomatoes (12-ct. pints), fava beans (10- and 25-lb. boxes), baby kiwi fruits (12/16-oz. packs), English peas (10- and 25-lb. boxes), red Belgian endive (8-lb. cartons), kohlrabi (12-ct. boxes), Kumato/yellow tomatoes (10-lb. packs), purple fingerling potatoes (10- and 50-lb. cartons), red/yellow dragon fruits (6-lb. boxes), hot-house cucumbers (12- to 16-ct. packs), baby squashes (5- and 10-lb. flats), baby bunch beets/carrots (24-ct. cartons), yellow cherry/grape tomatoes (12-pt. boxes), rapini (20-lb. packs), sapotes (10-lb. cartons), heirloom tomatoes (10-lb. packs), Romano beans (10-lb. cartons), pink variegated lemons (18-lb. boxes), celery root (12-ct. flats), black/watermelon radishes (10- and 25-lb. packs), cactus pears (25- to 32-ct. cartons), sunchokes (5- and 10-lb. packs), French/purple/yellow wax beans (10-lb. boxes), Black Trumpet/Morel mushrooms (1- and 5-lb. flats), and mandarinquats (10-lb. cartons).

**Season Ended** – Seville oranges (38-lb. boxes), white/yellow peaches and nectarines (2-layer packs), Maui onions (10-lb. cartons), and puntarella (1- to 14-ct. boxes).

**Coming Soon** – Baby corn (100-ct. packs), Ghost chile peppers (12/5 grams), and ramps (1- and 5-lb. boxes).



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